

## **Spirituality among Medical Students in Texila American University**

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### **Abstract**

**Objectives:** *To determine whether introducing spiritual awareness in early BSMD students increases their sensitivity towards patients spirituality, thereby administering better treatment options and diagnosis.*

*To determine if spirituality has any major impact on medical students coping with stress.*

**Methodology:** *The research methodology will be carried out in the form of a questionnaire. The questionnaire will be conducted amongst medical students in Texila American University and will remain confidential. The questionnaire will be given randomly to reduce bias and the data from this research will be analyzed and used to answer the researcher's objectives.*

**Results:** *The researcher is confident that this research will aid him in understanding spirituality and its impact on students. The researcher expects unbiased information from his questionnaire and a vast array of opinions from various students based on their understanding of spirituality and whether or not they believe it serves a purpose.*

**Conclusion:** *The researcher concludes that having an introduction to spiritual awareness in the early BSMD will further benefit students in handling cases involving patients with spirituality. Spirituality has also provided a means of coping with stress among some medical students.*

**Keywords:** *spiritual awareness; stress; BSMD students.*