

Some of the Traditional Medicines Used By the Guyanese People and Their Benefits

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Abstract

Traditional Medicine remains to be a widely used concept in modern day Guyana despite the availability of nearby hospitals and other good health care facilities. While the vast area that is traditional medicine has been explored quite significantly in mostly Eastern countries including India, Korea and China, there has been little to no research done to shed light on the usage and system of common traditional medicine that is used in Guyana. This research is derived from published scientific articles and data collected via survey from various Guyanese people, living in various parts of Guyana and it provides an insight on some of the traditional medicines used by the guyanese people and what are their benefits.

Keywords: *traditional medicine, Guyanese people, good health care facilities.*