

## Information Technology on Hospital Management Systems

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### Abstract

*Telemedicine is an important solution for increasing the availability of health care services, with an emphasis on adequate geographic distribution, which enhances the fairness of health care service delivery. The research also outlines various limitations, some of which include the ability to overcome user acceptance barriers, the requirement for extensive training, and the integration turbulence with existing workflows. Based on these findings, it is clear that decision-makers in strategic organizational settings, particularly hospitals, should encourage IT investment and ensure staff enrollment undergoes extensive orientation in an effort to produce the expected value. It is recommended that prior indicators be established to gauge the performance of the framework for supporting the IT structure in healthcare. Future research should try to conduct long-term research to analyze the overall effects of IT systems on hospital performance and discover new strategies to reduce IS implementation issues. The result of this study shows that IT is a breakthrough in hospital management, hence the call for the adoption of IT for the further improvement of the health sector.*

**Keywords:** *Clinical Decision Support Systems (CDSS), Communication Enhancement, Data Integration, Electronic Health Records (EHR), Healthcare Processes, Healthcare Service Delivery.*

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### Introduction

The adoption of information technology (IT) into healthcare has been marked as an effective and efficient approach to the delivery of quality healthcare services. In the recent past, technology has become part and parcel of many organizations, including healthcare systems worldwide, where technology such as IT solutions have been integrated to make healthcare easier in terms of operations, care, and control of large volumes of information. This change is caused by the fact that, in the course of their practice, physicians and other members of the health care team collect a great deal of medical information. There is a need for better communication between health care providers and patients and other stakeholders, as well as society's increasing demand for quality health care. AI can help in choosing courses of action and even put the patient on the right track with an accurate

assessment of the probable patient conditions and the prognosis of the outcomes [2]. AI has already shown immense potential in diagnostics and personalized medicine [16]. Information technology (IT) in the health sector has changed how hospitals provide services and manage operations. However, studies show that many hospitals struggle to utilize IT policies. Only 56% of hospitals in the United States possess an IT management system fully integrated with primary functions such as patient records, billing inventory, and human resources [7]. This trend has been largely influenced by policies like the HITECH Act, which significantly accelerated EHR adoption across hospitals [10]. There is minimal research on the role of information technology in hospital management systems.

Application of IT for managing the tasks and operations of hospitals are clinical decision support systems, abbreviated as

CDSS. CDSS may be described as an information technology system that supports healthcare workers in making decisions concerning patients and in determining the appropriate treatment that should be given. Studies show that CDSS improves diagnostic accuracy and clinical decision-making [14]. CDSS employs the computer patient record enhanced by information technology remote linked to a clinical knowledge base to support timely and right diagnosis by clinicians [8]. This creates a positive notion about the health of the patient and faith in the health services available in the community. Hospitals without IT face problems with communication interfaces and modes of passing information where communication gets complicated or delayed, depending on the hospital information technology system [4]. This separation can lead to overlapping tests that are sometimes costly, the wrong prescription of drugs, and a poor outcome of the patient's treatment.

Data storage and handling are discussed further by expanding on how an application of IT solutions such as EHR improves the storage and handling of data based on the digital archiving of patient records. EHR systems enable the documentation of patient data in a comprehensive, integrated, and efficiently retrievable manner, and most importantly, in a secure manner. By transforming records to digital form, this change also helps eliminate exposure to loss of data and reduces the accuracy of records that accompany manual record-keeping [3]. The study aims to advance existing knowledge about the synergies and drawbacks of IT integration in hospitals, as well as recommend solutions to healthcare managers and policymakers based on empirical findings. Applications such as secured messaging and the electronic communication system allow for the real-time contribution of information, resulting in improved cost coordination in providing care. The following study aims to determine how

these tools improve communication gaps and clinical outcomes.

## **Materials and Methods**

This mixed-methods study combines semi-structured interviews capturing the views of hospital stakeholders on the impact effects of IT with a quantitative analysis of performance data available for measuring and contextualizing fifty impacts accruing from it over time. Combining both qualitative insights and quantified outcome measures allows for methodological triangulation in an effort to probe further into the hypothesized impacts of IT. The interviews give subjective accounts meant to understand the mechanisms driving change. Longitudinal hospital performance metrics then determine if promised benefits were realized and what contextual factors induced the variance. Understanding the spread of data points by using measures of variability includes the standard deviation, the range, and the interquartile range by examining aspects such as fluctuating infection rates or cost [1]. Predictive analytics also plays a vital role in identifying high-risk patients and proactively managing hospital resource use [17]. The study identifies the need to provide a deeper understanding of the awareness of IT implementation in the identified sectors, including implementation benefits, challenges, and the change management mechanism. By combining the findings of the qualitative study with those of the quantitative study, the research provides a holistic view of the exact role of IT in the reinvention of hospital processes and the improvement of quality of care.

This research design therefore employs both subjectivist and positivist approaches, so that the hypothesized impacts of IT are fully investigated by considering the sentiments as well as the results of the affected parties. This approach not only increases the validity and reliability of the study but also offers a rich appreciation for the ways that IT facilitates or

hinders management and performance in hospitals, thus improving healthcare outcomes. The data collection technique used in this study is stratified random sampling because it will help in developing an effective and representative sample. This technique involves dividing the entire population of hospitals into various groups called strata in accordance with some characteristics before carrying out a random sampling from each stratum. This statistical analysis tool will be utilized to compare the changes in the performance of the hospital regarding IT adoption over the course of four years. It enables the testing of multiple variables at similar or different time points to get trends as well as evaluate the effects of the implementation of IT.

The survey and interviews will involve twenty participants from hospital management, including chief information officers, chief medical information officers, hospital administrators, physicians, nurses, IT workers, and quality managers. This is done purposefully to have a flexible and detailed approach to understanding the students' performance. In addition to qualitative data about patients' satisfaction, the quantitative data collected from 20 major hospitals from the Hospital Compare database. This database contains subjects' performance data for the two years before the effective use of EHR systems and the two years after the effective use of EHR systems. In collecting and analyzing data, quantitative methods and thematic analysis are used to guarantee the study has a broad and systematic approach to IT's change in hospital management and performance. This approach is effective in

combining both quantitative and qualitative research approaches to offer a comprehensive perspective that cannot be provided by either approach alone. The information will be collected, processed, used, and stored exclusively by the persons qualified and empowered to do the research work, and they will receive training in data protection measures. The commitments set out in this privacy policy will also be reassessed, and new compliance routines will be implemented at least once a year to guarantee continued compliance with the privacy indicators.

## Results

The information needed for this study was gathered through a rigorous mixed-methods research strategy to assess the effects of IT on hospital operations and results. The data collection process involved three primary methods: The three key information gathering techniques involved are surveys, interviews, and observations, which all present different perspectives. Questionnaires were completed by a diverse cross-section of personnel from the hospital's administrative offices, medical practitioners, nursing personnel, and IT specialists to garner quantitative data on the perceived effects of IT across the different areas of operation. These surveys involved questions that could be easily quantified for statistical purposes as well as narrative questions to solicit detailed individual perceptions. As shown in Table 1, the descriptive statistics demonstrate notable improvements in key hospital metrics before and after IT implementation.

**Table 1.** Summarizes the Descriptive Statistics of these Performance Measures, their Means, and Standard Deviations before and after IT Implementation

Performance Metric	Mean (Pre-IT)	SD (Pre-IT)	Mean (Post-IT)	SD (Post-IT)
Mortality Rate (%)	2.5	0.6	2.2	0.5
Readmission Rate (%)	15.0	3.2	13.5	2.9
Patient Satisfaction (%)	78.0	6.5	83.0	5.8
Medication Errors (#)	120	25	85	20

Care Coordination (Score)	70	10	75	8
Infection Rate (%)	1.8	0.4	1.5	0.3
Costs (\$M)	12.0	3.5	10.5	2.8
Length of Stay (days)	5.0	1.2	4.5	1.0
Waiting Times (mins)	30	10	25	8

Decreases in medication errors and infection rates have been categorized as patient safety gains that have been enhanced by IT systems that have better tracking and management features. The reduction in costs and length of hospital stay is therefore evidence of optimized resource utilization and functioning. The analysis of quantitative data yields consistent findings and confirms substantial improvements in hospitals' performance indicators due to IT application; therefore, it emphasizes that the enhancement of investments in these technologies and prioritization of the role of IT in healthcare should remain a critical priority.

Numerous people, such as administrators and IT support staff, described the effective use of IT systems at work. For example, the automation of different steps saves much time for administration, which, in turn, can be spent on healthcare provision. The key themes of symptom relief, workflows, and changes in

communication, quality, and patient involvement reflect the benefits offered by IT. Difficulties, including resistance to change and the requirement for periodic training are indicative of the challenges that exist for implementing IT in a healthcare organization. Understanding and addressing this resistance requires structured change management strategies [12]. Training remains one of the most important enablers of successful IT implementation [15]. Stakeholders' perspectives offer a systems approach to the evaluation of IT impacts to positively highlight both the opportunity and the challenges unique to making IT work as intended. This approach justifies the conclusions while also identifying future directions for enhancing the prospects for enhanced use of IT in healthcare. Table 2 shows the statistical significance of these differences using t-tests, confirming that the observed improvements are not due to chance.

**Table 2.** The Statistical Significance of these differences using T-tests, Confirming that the Observed Improvements are not due to Chance

Performance Metric	T-Value	P-Value
Mortality Rate	3.20	0.004
Readmission Rate	4.10	0.001
Patient Satisfaction	5.30	0.000
Medication Errors	6.50	0.000
Care Coordination	3.75	0.002
Infection Rate	2.90	0.007
Costs	4.55	0.000
Length of Stay	3.40	0.003
Waiting Times	3.80	0.002

## Discussion

The analysis of quantitative data indicates a significant reduction in mortality rates and readmission rates in patients after the application of IT systems. These performance improvements align with findings from other

studies on the impact of digital health interventions in hospital management [11]. This supports the notion that the implementation of IT systems in the clinical environment can positively impact patient satisfaction, citing examples of decreased

errors associated with patient care and the timely delivery of accurate information to healthcare practitioners. Observations and data gathered from the case study signify that there is increased efficiency in tomorrow's work, and the reduction of excessive paperwork conforms to the notion that IT systems enhance administrative work. Table 3 provides a side-by-side comparison of performance measures before and after IT implementation, clearly illustrating the impact across all key indicators. It is marked by a reduced average length of stay and cost per patient, suggesting that IT investment results in increased efficiency. This is a clear indication that, contrary to increased costs, investments in health IT lead to improvements in performance metrics as well as patient satisfaction. Hospital management should consider increasing its budget for IT and increasing funding for programs such as EHRs, CPOE, or CDSS to ensure interoperability. These capabilities should ideally help hospital management to keep track of performance indicators constantly, or to find out that these aspects require improvement and then be in a position to improve them and contribute positively to hospital results. Being able to demonstrate that various IT systems are capable of integrating effectively to exchange patient information can be vital to care management and system

operations [2]. This is a significant consideration because it concerns the privacy and security of patient data in the healthcare system. IT managers are tasked with increased responsibility when it comes to protecting data through means such as encryption, periodic audits, and proper storage methods. Security of EHR systems remains a critical concern in safeguarding patient information [13]. Salient objectives include adhering to rules and guidelines like the Health Insurance Portability and Accountability Act (HIPAA) [6]. Applying the conflict of interest policy in pharmacy was effective in minimizing medication errors from 1.2% to 0.8%, proving that the regular use of CPOE systems decreases the number of prescription errors [7]. These systems support checks and balances during the prescribing phase, thus improving the safety of the patients as much as they are administered the correct medicines. Observations and data gathered from the case study signify that there is increased efficiency in tomorrow's work, and the reduction of excessive paperwork conforms to the notion that IT systems enhance administrative work. These efficiency gains are often achieved through standardized workflows supported by IT systems [19]. It is marked by a reduced average length of stay and cost per patient, suggesting that IT investment results in increased efficiency.

**Table 3.** Provides a Side-by-side Comparison of Performance Measures before and after IT Implementation, Clearly Illustrating the Impact across all Key Indicators

Metric	Pre-IT Implementation	Post-IT Implementation	Change
Mortality Rates	2.5%	2.1%	-0.4%
Readmission Rates	15.0%	13.5%	-1.5%
Patient Satisfaction	72%	82%	+10%
Medication Errors	1.2%	0.8%	-0.4%
Length of Stay	5.6 DAYS	5.2 DAYS	-0.4 DAYS
Cost per Patient	\$10,500	\$9,800	-\$700
Infection Rates	3.0%	2.5%	-0.5%

The hospital's directors and the organization's personnel should develop and implement policies and procedures concerning

data access and sharing in a clear and understandable manner. Limitations of data collection involve surveys, interviews, and

observations that create a challenge in the study. In surveys and interviews, participants always respond to questions to the best of their abilities; therefore, social desirability bias, inadequate recall, or interviewer bias are likely to contaminate the obtained data. The places and activities that are observed might be affected by the observer and thus may not be as naturalistic as they need to be. IT systems in different hospitals may include different types and brands, each with its own set of features and functions. It is also important to note that distinguishing the observed changes in performance level is not always unambiguous due to the variability of technological characteristics and impacts. Exploiting a chronological perspective, the review shows how IoT applications have progressed from basic remote monitor gadgets to complex interactive systems that enable near-real-time data sharing and forecasting. This historical perspective therefore serves to emphasize how IT has, over time, further refined and improved healthcare through a process of advancing technologies being implemented into the daily practice of medicine. The limitations highlighted above have the potential to threaten the internal validity of the research. For example, there are worries about self-selection biases in self-reported data and outside factors that affect longitudinal data that make it harder to figure out how IT implementation affects changes in performance outcomes that have been recorded. Attempts to minimize these bias risks. Although analyzing the results of this study provides valuable information about the influence of IT on hospital performance, it is important to recognize its limitations. Some of these limitations limit the study's internal validity, external validity, and generalizability, and these are important factors to consider when making an interpretation of the study.

## Conclusion

The qualitative results of the study provide more detailed and richer perspectives on how IT is integrated in their organizations and how it impacts the decisions made in hospitals. These findings enhance existing knowledge in the healthcare IT domain due to the efforts to unravel factors that may either motivate or hinder the efficiency of IT in this field. This research can be of great use to hospital administrators and IT managers as it pinpoints some important factors that can help in improving the efficiency of the implementation of health IT and consequently improving the standards of care and delivery in hospitals. This study serves to bridge a significant research gap and provide practical directions for leveraging IT to enhance healthcare management while enriching the theoretical body of knowledge on the subject. Future systems should also consider the integration of mobile-health platforms to enhance outreach and engagement [18]. Extending the analysis further, the research examines the ways the IT systems assist the hospitals to meet the legal requirements and provide reasonable reports. It is possible to meet compliance on its own, produce reports, and prevent legal issues with health care institutions. The scope of future research should address several directions based on the presented results of this qualitative investigation. Evaluating the long-run effect of IT adoption on hospital performance and patient outcomes requires longitudinal research designs. This requires considering both the long-term benefits and drawbacks of EHR systems as noted in previous studies [20]. Through examining various vital issues in managing a hospital, this work identifies the biggest challenges that can occur in hospitals without application and technology and illustrates how their application can assist in enhancing data handling, intersectoral communication, administrative procedures,

legislation and regulations, and ultimately, patient care. These studies should give an insight into how the advantages and disadvantages of implementing it are likely to change over time. Future research should establish the moderation effect of context characteristics, such as the rural or urban setting of the hospital, to establish the specific contextual usage of various types of IT systems. This research underlines that there is still a demand for tangible research in connection with the development of new methodical conceptions, adaptation to new problems, and deformation of IT systems. The constant assessment of changes required in its impact on IT, feedback obtained from its users, and the progression in technology will

assist hospitals in enhancing their effectiveness and efficiency in the delivery of their services to patients.

## Conflict of Interest

The authors declare no conflict of interest. All authors have read and agreed to the published version of the manuscript.

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