

- [37]. Nigeria Population (2015). Tradingeconomics.com. accessed from <https://tradingeconomics.com/nigeria/population>.
- [38]. Ogah O.S., Okpechi I., Chukwuonye I.I., Akinyemi J.O., Onwubere B. J. C., Falase A. O.,...Sliwa K. (2012). Blood pressure, prevalence of hypertension and hypertension related complications in Nigerian Africans: A review. *World Journal of Cardiology*. 4(12): 327 -340. PubMed | Google Scholar.
- [39]. Omuemu V.O., Okojie O.H., Omuemu C.E. (2008). Socio-demographic correlates of modifiable risk factors for hypertension in a rural community in Edo State. *Nigeria Journal of Clinical Practice*; 20 (1): 25 - 24.
- [40]. Onwubere B.J., Ejim E.C., Okafor C.I., Emehel A, Mbah A.U. et al. (2011). Pattern of blood pressure indices among residents of a rural community in South East Nigeria. *International Journal of Hypertension*. 621074.
- [41]. Oviasu V. O. (1978). Arterial blood pressure and hypertension in a rural Nigerian
- [42]. Community. *African Journal of Medical Sciences*; 7: 137-143.
- [43]. Razak F., Subramanian S.V. (2014). Commentary: Socioeconomic status and hypertension in low-and middle-income countries: can we learn anything from existing studies? *International journal of epidemiology*; 43(5):1577-81
- [44]. Shin J., Kim J., and Kim Y. (2013). Associations between dietary patterns and hypertension among Korean adults: the Korean National Health and Nutrition Examination Survey (2008-2010). *Nutrition Research Practice*. 7(3): 224–232. doi: 10.4162/nrp.2013.7.3.224.
- [45]. Ulasi, I.I, Ijoma C. K. & Onodugo D.O. (2010). A community-based study of hypertension and cardio-metabolic syndrome in semi-urban and rural communities in Nigeria. *BMC Health Services Research*. 10(71). DOI: 10.1186/1472-6963-10-71.
- [46]. Ulasi I.I., Ijoma C.K., Onwubere B.J., Arodiwe E., Onodogo O., Okafor C. (2011). High prevalence and low awareness of hypertension in a market population in Enugu, Nigeria. *International Journal of Hypertension*. 869675.
- [47]. Wamala J.F. Karyabakabo Z. Ndungutse D. Guwatudde D. (2009). Prevalence factors associated with Hypertension in Rukungiri District, Uganda - A Community-Based Study. *African Health Sciences*. 9(3): 153–160.
- [48]. Winkleby M.A, Jatulis D.E, Frank E, Fortmann S.P. (1992). Socioeconomic status and health: how education, income, and occupation contribute to risk factors for cardiovascular disease. *American journal of public health*. 82(6):816-20.
- [49]. World Health Organization (2002). The world health report 2002. Reducing Risks, Promoting Healthy Life. Accessed from www.who.int/whr/2002/en/whr02_en.pdf?ua=1
- [50]. World Health Organization (2003). World Health Organization: International Society of Hypertension Writing Group. World Health Organization/International Society of Hypertension (ISH) statement on management of hypertension. *Journal of Hypertension*. 21:1983–1999.
- [51]. World Health Organization (2012a). Prevention and control of Non-communicable diseases: guideline for primary health care in low resource settings. Accessed from: [who.int/iris/bitstream/handle/10665/76173/9789241548397_eng.pdf?sequence=](http://www.who.int/iris/bitstream/handle/10665/76173/9789241548397_eng.pdf?sequence=)
- [52]. World Health Organization (2012b). World health statistics 2012 report. WHO, Geneva.
- [53]. World Health Organization (2013a). Fact Sheet No 312.
- [54]. World Health Organization (2013b). Nigerians wake up to high blood pressure. *Bulletin of the World Health Organization*. 91: (4) 242-243. DOI: <http://dx.doi.org/10.2471/BLT.13.020413>
- [55]. World Health Organization (2013c). Regional Health Forum, WHO South-East Asia Region, Special issue on Blood pressure – take control. Krishnani A. Gargii R. and Kahandaliyanage A. editors. Accessed from http://www.searo.who.int/entity/world_health_day/rhf-2013.pdf
- [56]. World Health Organization (2014). Non-communicable Diseases (NCD) Country Profiles, NIGERIA. Accessed from. http://www.who.int/nmh/countries/nga_en.pdf?ua=1
- [57]. WHO (2017a)? Global health observatory data. Raised blood pressure. Accessed from http://www.who.int/gho/ncd/risk_factors/blood_pressure_prevalence_text/en/
- [58]. World Health Organization (2017b). Facts about overweight and obesity. Accessed from <http://www.who.int/en/news-room/fact-sheets/detail/obesity-and-overweight>.