



















- [2]. Gan, W. Y., Mohd, N. M., Zalilah, M. S., and Hazizi, A. S., 2011, Differences in eating behaviours, dietary intake and body weight status between male and female Malaysian university students. *Malays Journal of Nutrition*, 17(2), 213-28.
- [3]. Fabián, C., Pagán, I., Ríos, J. L., Betancourt, J., Cruz, S. Y., González, A. M., Palacios, C., Gonzalez, M. J., and Rivera-Soto, W. T., 2013, Dietary patterns and their association with sociodemographic characteristics and perceived academic stress of college students in Puerto Rico. *Puerto Rico Health Sciences Journal*, 32(1), 36-43.
- [4]. Stang, J., and Story, M., 2005, "Guidelines for Adolescent Nutrition Services." Accessed January 02, 2015. [http://www.epi.umn.edu/let/pubs/adol\\_book.shtm](http://www.epi.umn.edu/let/pubs/adol_book.shtm)
- [5]. Eleajo, A., Charles, U., and Anyebe, J., 2019, Physical Activity Level and Dietary Pattern of Undergraduate Students of Kogi State University, Anyigba Kogi State. *Archives of Current Research International*, 17(3), 1-8. <https://doi.org/10.9734/acri/2019/v17i330114>.
- [6]. Watters, J. L., Satia, J. A., and Galanko, J. A., 2007, "Associations of Psychological Factors with Fruits and Vegetable Intake among African-Americans." *Public Health Nutrition*, 10(7), 701-711.
- [7]. Martens, M. K., Assema, P. V., and Brug, J., 2005, "Why Do Adolescents Eat What They Eat? Personal and Social Environmental Predictors of Fruit, Snack and Breakfast Consumption among 12-14-Year-Old Dutch Students." *Public Health Nutrition*, 8(8), 1258-1265.
- [8]. Schatzer, M., Rust, P., and Elmadfa, I., 2010, Fruit and vegetable intake in Austrian adults: intake frequency, serving sizes, reasons for and barriers to consumption, and potential for increasing consumption. *Public Health Nutrition*, 13(4), 480-7.
- [9]. Oladimeji, Y. U., Abdulsalam, Z., and Oyewole, S. O., 2017, Determinants of Fast Food Consumption among Government Employees of Kwara State, in Ayinde et al., Conference Proceeding of the 18th Annual Conf. of Nigeria Association of Agriceconomics held at Federal University of Agriculture, Abeokuta, Nigeria 16th-19th Oct. 2017. Pp. 907-913.
- [10]. Oladimeji, Y. U., Eze, A. C., Abdulrahman, S., and Sani, A. A., 2017, Determinants of fast food consumption and preferences among undergraduate students of Ahmadu Bello University, Zaria, Nigeria. *FUDMA Journal of Sciences (FJS)*, Vol. 1, No. 1, 176-184
- [11]. Kabir, A., Miah, S., and Islam, A., 2018, Factors influencing eating behavior and dietary intake among resident students in a public university in Bangladesh: A qualitative study. *PLoS ONE* 13(6): e0198801. <https://doi.org/10.1371/journal.pone.0198801>.
- [12]. Davis, D. V., and Mackintosh, B., 2012, Making a Difference: Australian International Education. Sydney: New South Publishing. Google Scholar
- [13]. Yahia, N., Brown, C. A., Rapley, M., and Chung, M., 2016, Level of nutrition knowledge and its association with fat consumption among college students. *BMC Public Health*, 16:1047. DOI 10.1186/s12889-016-3728-z
- [14]. Özdoğan, Y., Yardımcı, H., and Özçelik, A. O., 2018, Assessment of Nutrition Knowledge among University Students in Ankara. *Journal of Scientific Research & Reports*, 20(4): 1-8. Article no. JSRR.43782 ISSN: 2320-0227
- [15]. EL Hassan, M. R., Gamal, H. E., and Mohammed, G. S., 2013, Nutrition Knowledge, Attitude and Practices among Students of Ahfad University for Women. *Indian Journal of Science and Research*, 4(1), 25-34.
- [16]. Morris, J., Neustadter, A., and Zidenberg-Cherr, S., 2001, First-grade gardeners more likely to taste vegetables. *Calif Agric*, 43-46.
- [17]. O'Brien, S., and Shoemaker, C., 2006, An after-school gardening club to promote fruit and vegetable consumption among fourth grade students: The assessment of the social cognitive theory constructs. *HortTechnology*, 16(1), 24-29.
- [18]. Poston, S., Shoemaker, C., and Dziewaltowski, D., 2005, A comparison of a gardening and nutrition program with a standard nutrition program in an out-of-school setting. *HortTechnology*, 15(3), 463-467.